



## **ORAL SURGERY ASSOCIATES**

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### **IF THERE IS SINUS INVOLVEMENT**

It is most important that you follow these guidelines.

- No **SMOKING** or **SUCKING** from a straw.
- Avoid **BLOWING** your nose and **SNEEZING**. If you have to sneeze, leave your mouth open while sneezing.
- Avoid **ALL CARBONATED DRINKS** until the Doctor's OK.
- If when drinking you have a **LIQUID SENSATION** under your eyes, notify the office.
- Light fluid drainage is normal. However, you should call our office if you have a **MAJOR FLUID LOSS**, either in the mouth or nasal area.